

Out-of-town contact:

Location two (farther away):

Contact: _____

Name:		
Evacuation	n location:	
Teacher: _		
	Medical information:	
Doctor:		
Phone:		
Allergies: _		_
Notes:		_
	Additional information:	

Languages spoken:

Birthday: _____

Comfort item(s): _____

I'm ready for anything!

School information:

sconnd you how you can help.

needs during an emergency. Ask adults

help moving to safety.

ponsepord brans.

help others too:

People with disabilities might have different

• If you live with older adults, they may need

own emergency kit and are part of your

Depending on the situation, you may have to

It is important be prepared for emergencies.

Be an emergency helper!

If you have pets, make sure they have their



- toilet paper & other personal items
- cell phone charger & power bank

- extra batteries

items are still fresh.

- extra car & house keys

- certificate) copies of important documents (passport, birth

suitcase) & checked twice a year to make sure all the Remember: your kit should be easy to carry (backpack,

- - zip-lock bags, garbage bags & duct tape

 - whistle (to attract attention, if needed)

what do you see/touch/hear/smell?

- candles & matches/lighter
- radio (crank or battery-run)
- flashlight, headlamp or glow stick
 - cash in small bills
- - medication(s) & first-aid kit
- medical masks or respirators, hand sanitizer
- bottled or bagged water (4L per person, per day)
 - - non-perishable food & a manual can opener
 - Emergency essentials checklist:

to build a kit.

at least three days. Work with your parent/guardian(s) you and your household need to be self-sufficient for An emergency preparedness kit contains the items that

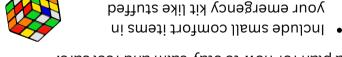
Emergency preparedness kit:

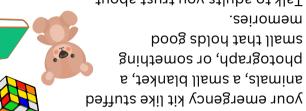
What makes you feel safe?

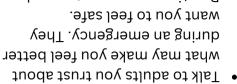
Emergencies can sometimes be dangerous. Make

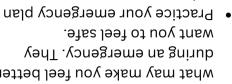
When do you feel safest? When you feel safe,

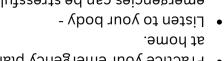
a plan for how to stay calm and feel safe:

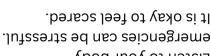


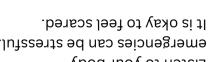














My Preparedness Passport: Teacher instructions

Welcome to My Preparedness Passport! This booklet is designed to help students be prepared in case of emergencies.

- Introduce the passport at the end of your preparedness lesson(s) plans. Read through the passport & information on the inside together.
- Have the students fill out the passport as much as they can by themselves. You may wish to post the school's contact information somewhere in the classroom for students to copy down. Invite students to fill out the rest at home. If students don't know something, brainstorm together how they might find out.
- 3 Students should then draw a self-portrait at the front of the passport.
- Ask students to draw what "I'm ready for anything!" means to them in the box at the back of the passport. Prompts could include: their emergency kit; their household preparedness plan; types of emergencies they may encounter; people who help others during emergencies; etc.
- Send students home with their passport, an emergency kit bookmark, and a parent/guardian letter (if applicable) at the end of the day.

For more information on emergency preparedness, visit: ontario.ca/BePrepared

